

# CARE CARD

## HEALTHY IDENTITY *Root Yourself in God's Word*

Societal comparisons, obligations, and judgments can easily skew our identity. Remember: Your true identity is in what *God* says about you. Use His word to fight against the lies and root yourself in what really matters.

- **Trust in what God says, not what people say.** The fear of man lays a snare, but whoever trusts in the LORD is safe. (Proverbs 29:25 ESV)
- **You are God's child.** See what great love the Father has lavished on us, that we should be called children of God! (1 John 3:1a)
- **You are accepted.** If God is for us, who can be against us? (Romans 8:31b ESV)
- **You are loved.** [N]either height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. (Romans 8:39 NIV)
- **You are a conqueror.** No, in all these things we are more than conquerors through Him who loved us. (Romans 8:37 BSB)
- **You are God's chosen, and you have an inheritance from Him.** Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan. (Ephesians 1:11 NLT)



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## HEALTHY IDENTITY

### *Root Yourself in God's Word, Part 2*

- **You are made in God's image.** Then God said, "Let us make man in our image, after our likeness." (Genesis 1:26a ESV)
- **You are God's masterpiece, a beautiful work of art created for good.** For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. (Ephesians 2:10 NLT)
- **Correction is not meant to condemn, but to deepen love and goodness** because the Lord disciplines those he loves, as a father the son he delights in. (Proverbs 3:12 NIV)
- **Your mistakes do not define you.** As far as the east is from the west, So far has He removed our transgressions from us. (Psalm 103:12 NKJV)  
Therefore, there is now no condemnation for those in Christ Jesus (Romans 8:1 CSB)
- **God has blessed us all with different gifts. While your strengths may be different than those around you, they come from the Lord and are immeasurably valuable.** Now there are different gifts, but the same Spirit. There are different ministries, but the same Lord. And there are different activities, but the same God produces each gift in each person. A manifestation of the Spirit is given to each person for the common good (1 Corinthians 12:4-7)

